



Building Wellbeing Societies & Communities

2025 Public Health Summer Institute

Scientific Program Committee Co-Chairs:

Dr. Trevor Hancock
Retired Professor and Senior Scholar
*School of Public Health and Social
Policy, University of Victoria*

Dr. Lindsay McLaren
Professor
*Department of Community Health
Sciences, University of Calgary*



Wednesday, June 25, 2025
Virtual

Draft Program

#PHSI25



June 25th, 2025

8:30am - 3:00pm (small group sessions are highlighted in green)

<p>8:30am - 8:45am</p>	<p>Indigenous Welcoming</p> <p>Speaker: Sandra Martin-Harris (Wet’suwet’en Nation of the Laksilyu, Little Frog Clan & Member of the Witsset First Nation)</p>
<p>8:45am - 9:00am</p>	<p>Program Overview</p>
<p>9:00am- 10:00am</p>	<p>What is Wellbeing, and what shapes it? (small group exercise)</p> <p>Moderators: Dr. Trevor Hancock & Dr. Lindsay McLaren</p>
<p>10:00am - 10:20am</p>	<p>Wellness Break</p>
<p>10:20am - 11:00am</p>	<p>Introduction to a Wellbeing Society</p> <p>Speakers: Dr. Lindsay McLaren & Dr. Trevor Hancock</p>
<p>11:00am - 12:00pm</p>	<p>What are the implications of a “wellbeing society”?</p> <p>Speakers: Dr. Lindsay McLaren & Dr. Trevor Hancock</p> <p>Small group discussions & feedback</p> <ul style="list-style-type: none"> • Value, respect and nurture planet Earth and its ecosystems • Design an equitable economy that serves human development within planetary and local ecological boundaries • Develop healthy public policy for the common good • Health sector (achieve universal health coverage) • Address the impacts of digital transformation • Expanded ideas of equity (inter-generational, inter-species etc.) • Indigenous ways – “it is time to heed [Indigenous peoples’] voices, reward their knowledge and respect their rights” (Antonio Guterres, 2020) • Governance for health and wellbeing (making the wellbeing of all people, all living things, and the planet the central focus and purpose of society and re-imagining a system and process of governance that is consistent with these intents) <p>Expert Facilitators: Dr. Lindsay McLaren, Dr. Courtney Howard, Dr. Shannon Turner, Tina D. Purnat, Sandra Martin-Harris, Dr. Claire Betker, Maya Gislason, Dr. Paul Kershaw</p>

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12:00pm – 1:00pm	Lunch Break
1:00pm – 1:20pm	Making it real – Wellbeing Society & Public Health Practice <ul style="list-style-type: none">• (The Canadian Coalition for Planetary Health and a Wellbeing Society, Healthy One Planet Communities – health co-benefits of sustainable living etc.) Speakers: Dr. Trevor Hancock & Dr. Lindsay McLaren
1:20pm – 2:45pm	World Café (Healthy Public Policy) A chance to explore and share ideas on what this means for you as a practitioner and as a citizen <ul style="list-style-type: none">• Healthy food and ag policy• Healthy energy policy• Healthy & sustainable built environments• Transportation• Core values shift (and the role of Faith communities)• Decent Work• Reduced consumption and waste (frugal living, repair and recycling, purchasing used, etc.)• Local wellbeing economy• Pollution reduction• Restoring nature and biodiversity• Digital ecology – and mental and social wellbeing• Erosion of local democracy• Human and social connection• Governance reform• Investing for regeneration Subject Expert Facilitators: Dr. Trevor Hancock, Zarah Monfaredi, Pemma Muzumdar, Rebecca Cheff, Dr. Lindsay McLaren, Bob Peart, Dr. Shannon Turner, Tina D Purnat, Dr. Simon Carroll, Lyn McDonell, Jade Yehia, Marika Smith, Pete Bombaci
2:45pm – 3:00pm	Closing Remarks & Quick Feedback Speakers: Dr. Lindsay McLaren & Dr. Trevor Hancock



Connect With Us

Conference Contacts

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<https://phabc.org/public-health-summer-institute-2025/>

Social Media



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Newsletter:
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