Public Health Association of BC

Building Safe & Inclusive Communities:
The Public Health Approach

November 15th & 16th, 2018

The Sutton Place Hotel, 845 Burrard St, Vancouver, BC

Breakout Rooms – Presentation Schedule

Oral Presentations
November 15th, 2018

Château Margaux

11:00am – 11:20am	**The Future of Health Promotion in Academia:** Interdisciplinary Practice and Problem-Based Learning **Stefanie Machado** – *MPH Student, Simon Fraser University* **Paola Ardiles** - *Lecturer, Simon Fraser University* **Patricia Mahecha** – *Member, Bridge For Health*
11:20am – 11:40am	**Critical Program Elements for Public Support of Automated Speed Enforcement** **Dr. Emily Newhouse** - *Medical Health Officer, Vancouver Coastal Health* **Megan Oakey** - *Provincial Manager, Injury Prevention, Population & Public Health, BC Centre for Disease Control* **Dr. Arturo Cervantes** - *Chair of Public Health, Faculty of Health Sciences, Anahuac University*
11:40am – 12:00pm	**Surrey City Lab-Academic-Community Partnership to Promote Social and Environmental Sustainability** **Paola Ardiles** - *Lecturer, Simon Fraser University* **Anna Mathewson** - *Sustainability Manager, City of Surrey* **Dr. Henrietta Ezegbe** - *Graduate Student, Simon Fraser University*

Château Belair

11:00am – 11:20am	**Nanaimo's Tent City:** Lessons Learned - and a Few Regrets **Dr. Paul Hasselback** - *Medical Health Officer, Island Health*
11:20am – 11:40am	**Understanding EIDGE:** A Peer-Led Research Project Regarding Non-Beverage Alcohol Use in Vancouver's DTES **Ron Khuelke** - *Board Member, Vancouver Area Network of Drug Users* **Robert Powell** - *EIDGE Steering Committee Member, Vancouver Area Network of Drug Users* **Brittany Graham** - *Program Coordinator, Vancouver Area Network of Drug Users*
11:40am – 12:00pm	**Harm Reduction and Colour Theory:** The Process & Impact of Redesigning a Supervised Injection Service Room at the Dr. Peter Centre **Carly Welham** - *Data Reporting & Evaluation Officer, Dr. Peter AIDS Foundation* **Nicole Ankenman** - *Art Therapist, Dr. Peter AIDS Foundation*

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Château Olivier

11:00am – 11:20am	**Engaging Experiential Youth in Community-Based Research to Improve Youth Health** **Stephanie Martin** - *Community Development Manager, Mccreary Centre Society*
11:20am – 11:40am	**Adapting a UK Deprivation Index for Use with Young People in BC** **Annie Smith -** *Executive Director, Mccreary Centre Society* **Stephanie Martin** - *Community Development Manager, Mccreary Centre Society*
11:40am – 12:00pm	**Removing Barriers, Developing Skills** **Joyce Balul** – *Coach/Supervisor, Confident Parents: Thriving Kids, Canadian Mental Health Association, BC Division* **Becky Higgins** – *Coach, Confident Parents: Thriving Kids, Canadian Mental Health Association, BC Division*

Workshops
November 15th, 2018

Château Margaux

1:00pm – 2:30pm	**Helping Kids Be Safe within Their Relationships and the World of Emergencies** **Judi Fairholme -** *Director, Respect Education, Canadian Red Cross* **Sarah Burke** - *Senior Manager: Social Emergencies, Canadian Red Cross* Building on Sustainable Development Goals, Convention on the Rights of the Child, Determinants of Health, International Protection Standards, and Jordan's Principle, this session will look at how we create safe environments for children and youth within their relationships and in varying contexts. Throughout the session, participants will be tasked to incorporate both the bigger picture and the immediacy of the moment in defining safety and preventing violence. Active participation will be key to determining an action plan and next steps.

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November 15th, 2018

Château Belair

1:00pm – 2:30pm	**Good Medicine in Hard Times: Opiate Agonist Treatment as Harm Reduction** **Dr. Randal Mason -** *Medical Director, Westshore AVI Health Centre* **Hermione Jefferis** - *Manager of Community Health, Victoria & Westshore, AIDS Vancouver Island* This workshop will look at substance use, overdose risk, and best practices to engage and maintain patients in opiate agonist treatment and other harm reduction based health care. We will explore what patient centred, low barrier service delivery means in our clinic and will use evidence based research, direct practice experience, and patient feedback to encourage other healthcare and service providers to develop and deliver similar best practices in their work. Dr. Mason is an addiction medicine specialist and is the Medical Director of Westshore AVI Health Centre. Hermione Jefferis manages the clinic and is a former drug user who has worked in health promotion and harm reduction for many years.

Château Olivier

1:00pm – 2:30pm	**Supporting Local Government to Improve Road Safety** **Zahra Hussein -** *Injury Prevention Program Lead, Trauma Services, Vancouver General Hospital* **Dr. Emily Newhouse** - *Medical Health Officer, Vancouver Coastal Health* Motor vehicle crashes are one of the leading causes of unintentional injury death across all ages in BC. Come and learn how local governments and Public Health Professionals can work together to improve road safety. An international case study from Mexico will highlight the possibilities of partnership, dive into the BC Road Safety Toolkit, an on-line resource for effective strategies and get a glimpse into the work underway with local governments in BC.

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Oral Presentations
November 16th, 2018

Château Mouton Rothschild

10:30am – 10:50am	**Responding to the Overdose Crisis in Small and Medium Sized BC Communities** **Dr. Paul Hasselback** - *Medical Health Officer, Island Health* **Tara Fitzgerald** - *Director, Special Projects Mental Health & Substance Use, Island Health*
10:50am – 11:10am	**A Scoping Review to Identify the Potential Impact of Different Legal and Policy Approaches to the Opioid Crisis** **Mina Park** - *Scientist, BC Centre for Disease Control*
11:10am – 11:30am	**Supporting BC's Public Health Emergency on the Overdose Crisis:** An Overview of the Provincial Overdose Cohort **Mina Park** - *Scientist, BC Centre for Disease Control*
11:30am – 11:50am	**Tips and Training for SIS Service Providers from Peer Collaborators** **Rosalind Baltzer-Turje** - *Senior Director, Clinical Programs, Dr. Peter AIDS Foundation* **Sean Grieve** – *Peer Researcher, Dr. Peter AIDS Foundation*
11:50am – 12:10pm	**Evaluation of Peer Led Support Interventions in BC Overdose Response Environments** **Alida Geraldi** - *Peer Research Assistant, Raincity* **Mat Savage** - *Peer Research Assistant, Raincity* **Lindsay Shaw** - *Project Coordinator, BC Centre of Disease Control*

Château Margaux

10:35am – 10:55am	**Overdose Prevention, Recognition and Response in the BC Take Home Naloxone Program:** Program Update **Sierra Williams** - *Operations Coordinator, Naloxone Program, BC Centre for Disease Control* **Sara Young** - *Manager, Harm Reduction & Hepatitis Programs, BC Centre for Disease Control* **Emily Ogborne-Hill** - *Project Manager, Harm Reduction Program, BC Centre for Disease Control* **Margot Kuo** - *Epidemiologist, BC Centre for Disease Control* **Dr. Jane Buxton** - *Physician Epidemiologist, Harm Reduction, BC Centre for Disease Control* **Kristi Papamihali** - *Epidemiologist, BC Centre for Disease Control*
10:55am – 11:15am	**Community Advisory Committees As Powerful Partners in the Research Process:** A How-To Guide **Janina Krabbe** - *Research Manager, University of BC Capacity Research Unit* **Community Advisory Committee Members**

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Château Margaux

11:15am – 11:35am	**Strengthening Researcher-Community Partnerships in Aboriginal Health Research:** A Reflective Case Report from a Vision Screening Research Project **Dongho Lee –** *Medical Student, University of BC* **Dr. Cindy Ho -** *Optometrist, Mt. Pleasant Optometry* **Dr. Brenda Poon -** *Assistant Professor, Human Early Learning Partnership (HELP), School of Population & Public Health, Faculty of Medicine, University of British Columbia*
11:35am – 11:55am	**Developing Strong Cultural Support in On-Reserve Recovery Homes** **Lolly Andrew -** *MA Graduate, Royal Roads University & Program Manager, Sto:lo Nation* **Dr. Elizabeth Hartney -** *Director, Centre for Health Leadership & Research, Royal Roads University*
11:50am – 12:10pm	**Cannabis Legalization:** Guides for Schools and Communities to Navigate Change and Capitalize on Opportunities **Dr. Gerald Thomas** - *Director, Alcohol, Tobacco, Cannabis & Gambling Policy & Prevention, BC Ministry of Health* **Dan Reist** - *Assistant Director, Knowledge Exchange, Canadian Institute for Substance Use Research*

Château Belair

10:35am – 10:55am	**Stigmatized Sex: Barriers to Health for Gay, Bisexual, and other Men who have Sex with Men (gbMSM)** **Darren Ho** - *Program Manager, Community Based Research Centre*
10:55am – 11:15am	**Using A Rapid Review Process To Engage Stakeholders, Inform Policy And Set Priorities For Promoting Inclusive Physical & Leisure Participation in BC** **Dr. Ebele Mogo** - *Postdoctoral Researcher, Faculty of Medicine, School of Physical and Occupational Therapy, McGill University* **Keiko Shikako-Thomas** - *Canada Research Chair, Childhood Disabilities: Participation & Knowledge Translation, Assistant Professor, School of Physical and Occupational Therapy McGill University* **Annette Majnemar** - *Vice Dean, Education, Faculty of Medicine, McGill University* **Jonathan Lai** - *Postdoctoral Scholar, McGill University* **Sheila Kennedy** - *Recreation Therapist, Sunny Hill Health Centre for Children, BC Children's Hospital* **Vivien Symington** - *Founder, Empowering Steps Movement Therapy, Club Aviva Recreation* **Kellie Duckworth** - *Recreation Therapist, Acute Rehabilitation, Sunny Hill Health Centre for Children, BC Children's Hospital*
11:15am – 11:35am	**Communities on the Move: A Policy Agenda for Healthier Transportation** **Rita Koutsodimos** - *Executive Director, BC Alliance for Healthy Living Society*

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Oral Presentations
November 16th, 2018

Château Belair

11:35am – 11:55am	Challenging Stigma and Working towards a More Dementia-Friendly British Columbia **Barbara Lindsay** - *Director, Advocacy & Education, Alzheimer Society of B.C.* **Heather Cowie** - *Provincial Coordinator,* Dementia-*Friendly Communities, Alzheimer Society of B.C.*
11:50am – 12:10pm	**Caring for Care Providers** Co-Designing a Peer Support Model in Health Care **Darby Eakins** - *Manager, Health & Wellness, Island Health* **Jana Archer** - *Leader, Experience, Island Health* **Angela Wignall** - *Clinical Quality Partner, Island Health*

Château Olivier

10:35am – 10:55am	**Acceptability and Accessibility of Non-Contact Respiratory Monitors for People Who Use Drugs** **Vivian Tsang** - *Medical Student, University of BC* **Dr. Alexis Crabtree** - *Public Health & Preventive Medicine, University of British Columbia* **Dr. Jane Buxton** - *Physician Epidemiologist, Harm Reduction, BC Centre for Disease Control* **Kristi Papamihali** - *Epidemiologist, BC Centre for Disease Control*
10:55am – 11:15am	**Provincial Injury Prevention Priority Setting Approach** **Megan Oakey** - *Provincial Manager, Injury prevention, BC Centre for Disease Control & Prevention* **Dr. Murray Fyfe** - *Medical Officer of Health, Island Health*
11:15am – 11:35am	**Public Health Approach to Prevent Falls and Fall-Related Injuries among Older Adults in BC:** Developing Recommendations for Action **Dr. Diana Samarakkody** - *Researcher, BC Injury Research & Prevention Unit, BC Children's Hospital* **Zahra Hussein** - *Injury Prevention Lead, Vancouver Coastal Health*
11:35am – 11:55am	**Identifying Actionable Indicators for Injury Prevention in British Columbia** **Megan Oakey** - *Provincial Manager, Injury prevention, BC Centre for Disease Control & Prevention* **Tobin Copley** - *Injury Prevention Lead, Fraser Health Authority*
11:50am – 12:10pm	**Utilizing Social Media Advertisements to Promote Seniors Fall Prevention Messages in British Columbia** **Samantha Bruin** - *Researcher, BC Injury Research and Prevention Unit, BC Children's Hospital*

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Château Mouton Rothschild

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Active People, Active Places – Highlights from BC's Physical Activity Strategy

Rita Koutsodimos - *Executive Director, BC Alliance for Healthy Living Society (Session Moderator)*
Ame-Lia Tamburrini - *Senior Manager, Physical Activity Policy & Promotion, Ministry of Health*
Shannon Clarke - *Community Well-being Specialist, BC Healthy Communities*
Mariah Robinson - *Cultural and Physical Literacy Coordinator with Nanaimo Aboriginal Centre*
Samantha Hartley-Folz – *Director, Strategic Partnerships, YMCA of Greater Vancouver*
Sana Fakih - *Provincial Lead, Early Years Health & Wellness, Child Health BC*

The BC Physical Activity Strategy: *Active People, Active Places* is designed to guide and stimulate coordinated policies, practices and programs that will improve the health and well-being of British Columbians, and the communities in which they live, learn, work and play. The focus of this session is to provide an overview of the provincial strategy and a few of the initiatives that relate to the conference theme, including:

- Mind Fit delivered by YMCA which is an innovative, early-intervention initiative that allows teens to take control of both their physical and mental wellness using a holistic, psycho-social approach in a safe, confidential and fun environment.
- Aboriginal Healthy Living Activities initiatives (AHLA) delivered by I·SPARC which includes a train the trainer model. The AHLA programs have impacted thousands across the province including several remote Indigenous communities that wouldn't otherwise have access to regular physical activity programming.
- Active Communities Grant Program, delivered by Health Authorities and BC Healthy Communities, funds community projects that are designed to improve population-level physical activity through access and inclusivity, healthy community design, or healthy public policy.

Château Margaux

1:00pm – 2:30pm

Red Cross Respect Education: Equipping Social First Responders in Schools and Communities

Mark Crocker – *Provincial Manager, BC & Yukon, Respect Education, Canadian Red Cross*

This workshop will acquaint you with two of the Red Cross Respect Education flagship programs—built on the award-winning Youth Facilitator model—which actively engage youth in violence prevention. These two programs empower youth to become 'social first responders' in their own communities in times of crisis, challenge or emergency. The workshop will also introduce you to Psychological First Aid, which provides thoughtful and practical tools for adults to manage stress and respond to social crisis—strengthening capacity to provide psychosocial support for self and others, both in disaster response and recovery. Together, these programs equip communities to build resilience and prevent violence.

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Château Belair

1:00pm – 2:30pm	**Recommended but Unfunded Vaccines:** Creating Health Equity Amongst those Vulnerable to Vaccine Preventable Diseases **Ajit Johal** - *Clinical Director, Immunize.io* Widely regarded as the greatest medical intervention of all time, vaccines have saved countless lives worldwide and billions in healthcare dollars. Seasonal influenza, pneumococcal disease, and herpes zoster virus remain a significant health concern for older adults, yet British Columbia does not offer any of these vaccines as part of the public program. With an aging population, and skyrocketing healthcare expenditures, why are novel vaccinations being ignored as a cost saving measure? Participants will learn about the impact of these diseases, the recommended vaccines for protection, and about strategies to improve education and advocating for their local communities.

Château Olivier

1:00pm – 2:30pm	**From Avoiding Risk to Nurturing Resilience:** Shifting our Upstream Approach to Youth Substance Use **Dan Reist -** *Assistant Director, Canadian Institute for Substance Use Research, University of Victoria* This interactive workshop explores the implications involved in shifting the traditional upstream metaphor to focus on nurturing resilience. It attempts to paint a broad picture of what is needed in terms of policy and action in the "upstream" context to address the needs of young Canadians (from birth to 24 years) related to psychoactive substance use. In doing so, it draws on a wide array of literature on child and youth development, education, public health and philosophy. Participants will together think through the implications of themes introduced and propose highly actionable strategies for specific contexts.