

USING REFLECTIVITY IN THE CLASSROOM TO ENACT THE OKANAGAN CHARTER

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THE OKANAGAN CHARTER

Calls to transform universities and colleges into health promoting institutions

By integrating health into daily operations, business practices and academic mandates



THE ASSIGNMENT: REFLECTION IN THE CLASSROOM



MY CONTEXT

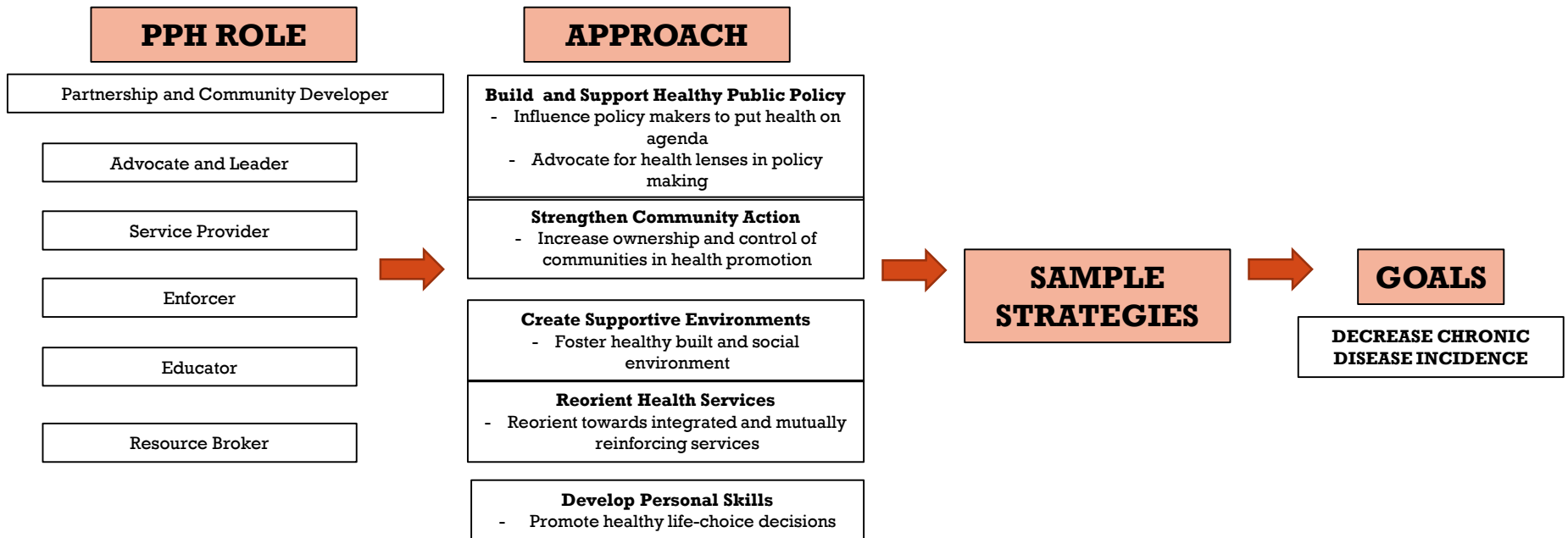


THE  LUNG ASSOCIATION™
British Columbia





Framework for Population and Public Health Role in Chronic Disease Prevention

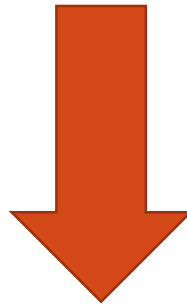


How was I, as an individual,
supposed to enact the Okanagan
Charter at SFU?



WHERE HAS REFLECTION LED ME?

Focus on what others are doing in practice



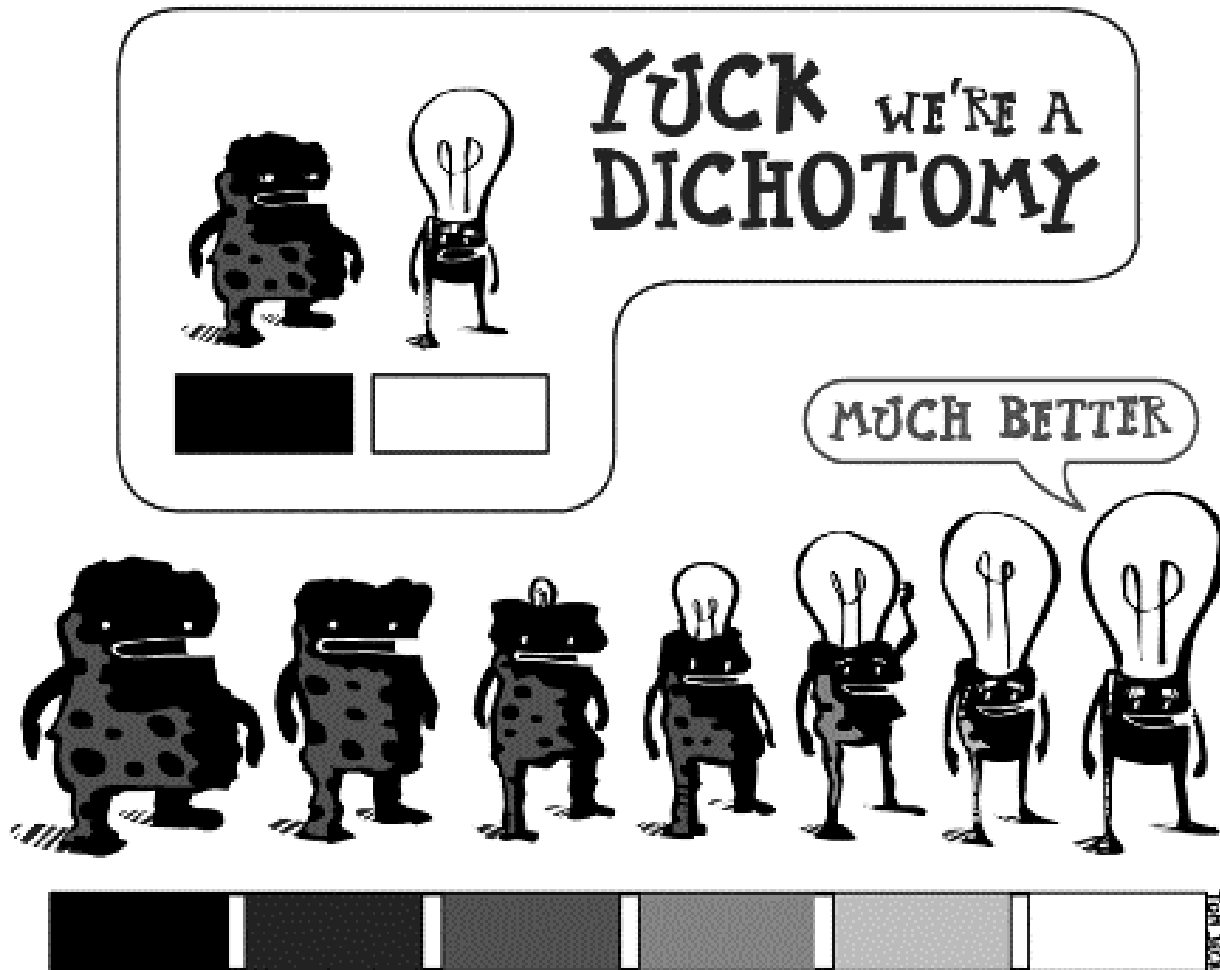
Focus on what I am doing as an individual



MY LEARNING JOURNEY



QUESTIONING THE DICHOTOMY



REFLECTING ON POWER DYNAMICS



WHERE HAS REFLECTION LED ME?

Powerlessness



Empowered



How was I, as an individual,
supposed to integrate the health
promotion competencies to
enact the Okanagan Charter at
SFU?



VALUE-DRIVEN HEALTH PROMOTION COMPETENCIES

Empowerment

Participation

Social Justice/Equity

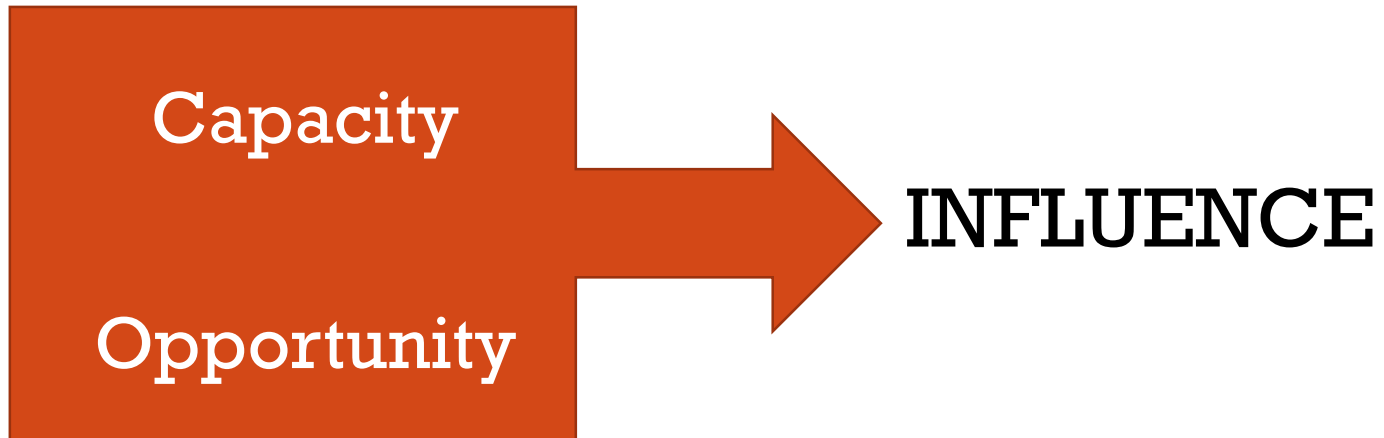
Respect

Priority to Common Good

Choice

Positive Health





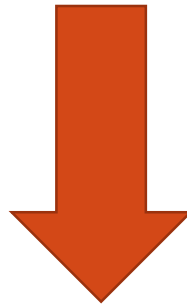


**KEEPING IT SIMPLE FOR INCREMENTAL
CHANGE**



WHERE HAS REFLECTION LED ME?

Powerlessness



Empowered

