Connect – Communicate – Collaborate!
Building Bridges to Collaborative Success
Introducing an Evidence-Based, Inter-Agency Primer for Health Promotion.

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Harmonization Project

Source: LOI, 2011
Harmonization Project
What was (is) it?

- 4 year collaboration between Northern Health, the Canadian Cancer Society, the BC Cancer Agency, UBC - Okanagan, and the University of Athabasca
- 2 cancer prevention initiatives
  - Stop Smoking Before Surgery
  - Men’s Healthy Eating and Active Living (POWERPLAY)
- Mission to lead cancer prevention through sustainable partnership

Journey Time Line – Prevention Collaboration

- Northern Cancer Control Strategy
- Prevention First Initiative (BCCA, CCS, NH)
- Tri-partite Cancer Prevention Summit
- Transitions
- Research funding proposal with Dr Joan Bottorff
- Funding received

- September 2007
- September 2008 - 2009
- 2010
- July 2011
- March - November 2012
Collaboration is a journey, not a destination

What we learned about harmonization: Facilitators

- Achieved more than we believed possible
- Cooperating and communicating on other issues improved
- Working together on projects as research was a powerful way to stay grounded
- Pilot projects were so successful they have lived on
Research questions

1. What are strengths and challenges in delivering a collaborative program in rural/northern BC

2. How can we address these challenges?

3. How can this research inform a collaborative model for other rural and northern populations?
Stop Smoking Before Surgery
Did you know that if you stop smoking before surgery, you will:

- Heal faster
- Face fewer complications
- Improve your breathing
- Reduce your risk of infection
- Improve blood flow to your heart and other areas of the body
- Reduce stress on your heart
- Speed up bone fusion (healing) time
- Shorten your hospital stay

Ask your health care professional today about how you can quit.
Visit QuitNow.ca

Men's Healthy Eating & Physical Activity

Building on the data and knowledge from the first pilot project, collaboratively design and deliver a pilot project on best practices to intervene with men on healthy eating and active living.
What is the Harmonization Primer?

- The product and legacy of the research
- An evidence based collaboration resource
- The result of expert review across Canada

Electronic version available at: http://harmonization.ok.ubc.ca/collaboration/

Community Engagement

Workshops held with collaboration team:
- Dawson Creek
- Fort St. John
- Quesnel
- Terrace
- Williams Lake

September 2016 – January 2017

Presentations

NH-UNBC Research Days and PHABC annual conference
Welcome to ‘Remoteville’

You are in a new dimension!

The 7 steps:

1. getting started
2. know the context
3. deciding to proceed
4. planning
5. implementation
6. evaluation
7. sustainability
**The Scenario: Food Security**

You have noticed that poverty has grown in the community and food security is obviously problematic.

One of the impacts you notice is that many children are going to school hungry. You know there are teachers concerned about this too.

How could you develop a collaborative response?

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**Report back**

Please tell us:

- How did the *Primer* assist your group in addressing strengths and challenges for the Remoteville community?
- How could the *Primer* help the folks in “*even-more-remoterville*” find a way to come together to collaborate?
Harmonization Food Security Scenario
Small groups by Primer Stages

Getting Started

*Using pp 10 – 11*

• How would you initiate a collaborative effort?
• What could be a vision to bring people together?
• Who would need to be involved?
• How could you invite people not at the table but needed?
Know the Context

*Using pp 16 – 17:*
- Where can you find the data and evidence to back up the claim?
- What are the factors that will affect success?
- Who are the champions and challengers?
- What are the barriers?

Deciding to Proceed

*Using pp 20 – 21:*
- Is there commitment to the project?
- Are there power differentials between stakeholders?
- How do you ensure everyone participates meaningfully?
- What is the process to resolve conflict?
Planning

*Using pp 25 – 26:*

- What is the scope?
- What would be the goal and timeline of the project?
- How will you know you’re successful?

Implementation

*Using pp 30 – 31:*

- What factors might change as you implement the project?
- How can you keep the larger community excited, involved, and informed?
Evaluation

*Using pp 35 – 36:*
- How will you evaluate the project?
- Are there certain metrics you will use?
- Who will collect and organize them?
- How will you share the results?

Sustainability

*Using pp 42 – 43:*
- Is this an ongoing project, and if so, how can it be sustainable?
- How can you sustain the relationships formed during the project?
- What will the situation look like one year after the project completes?
Final thoughts

Was there ONE particular piece that was useful about the primer in addressing the ‘remoteville’ scenario?

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