

## PARENT SUPPORT COACH

Are you invested in supporting the mental health of BC's children and youth? Are you ready to commit to strengthening your existing skills through an evidence based positive parenting model?

In 2015, the Canadian Mental Health Association (CMHA) BC launched the Confident Parents: Thriving Kids program. This early intervention program provides preventive and clinical interventions for families of youngsters with behavioural problems in the externalizing spectrum such as aggression, antisocial behaviour, conduct problems, conduct disorder, oppositional defiance, delinquency, and substance use. This empirically supported program is proven to promote healthy child development and reduce moderate behavioural problems. Through structured sessions with trained practitioners, parents and primary caregivers are empowered to become the primary change agents for the child.

Confident Parents: Thriving Kids is delivered free of charge to parents and/or caregivers via telephone in the comfort and privacy of their own homes at times convenient to them. The program operates 6 days a week and a minimum of three evenings and offers flexibility to accommodate the reality of busy work and school schedules for most families. Confident Parents: Thriving Kids staff work day, evening and weekend hours to accommodate families' needs.

In response to growing demand from BC families, CMHA BC is hiring additional Parent Support Coaches to commence training in October 2016. Coaches are the backbone of this program and receive extensive training in the evidence-based Parent Management Training – Oregon Model (PMTO) ultimately leading to a PMTO Specialist certification. Positions are full-time (37.5 hours/week), involve working evenings and/or weekends and are based in Vancouver.

### JOB SUMMARY

Reporting to the Parent Support Program Supervisor, the Parent Support Coach provides regular parenting support through structured and individual and/or group sessions to caregivers with young children at home. The aim of the sessions is to provide caregivers (including parents, grandparents, foster parents, etc.) with parent management practices that support social skills and cooperation in the child, in turn helping to prevent, improve, or reverse behaviour issues.

The key responsibilities include:

- Participate actively in comprehensive, multi-phased training to achieve and sustain PMTO Specialist certification
- Deliver parenting support through structured individual and/or group sessions
- Follow legislation, policies, and protocols that support program delivery (e.g. reporting of suspected child protection concerns)
- Provide comprehensive case management functions including maintaining accurate documentation and liaising with physicians and other service providers as required

### REQUIREMENTS

#### Education:

Completed undergraduate education (BA, BSW, BSc) in Social Work, Child and Youth Care or related human services field. An equivalent combination of education, training, and work experience may be considered.

#### Skills/Knowledge

- Knowledge of child development and a commitment to strength based practice
- Knowledge of the principles of adult education
- Knowledge of Microsoft Office software and case management software
- Knowledge of culturally competent practice
- Demonstrated ability to work with diverse populations
- Demonstrated written and oral communication and interpersonal skills
- Demonstrated interviewing and active listening skills

#### Experience

- A minimum of three years experience working with parents, families, and/or young people in a supportive and/or therapeutic role

#### Values

- Demonstrated openness to receiving feedback and integrating that feedback in a timely way
- Demonstrated commitment to participating in ongoing learning with a team of colleagues

- Demonstrated willingness to commit long-term to the role e.g. 2-years post-PMTO Specialist certification
- Demonstrated commitment to evidence-based programming and interventions
- Evidence of commitment to meet families where they are at by working flexible hours that include evenings and/or weekends
- Able to practice from a non-judgmental, flexible, and creative perspective when working with families experiencing challenging circumstances

#### **Application Process**

Please submit a PDF copy of your resume along with a cover letter clearly documenting how you satisfy the requirements outlined in this job posting to [human.resources@cmha.bc.ca](mailto:human.resources@cmha.bc.ca) by 5 p.m., August 15, 2016. **Be sure to indicate “Parent Support Coach” in the subject line.** We regret that only short-listed candidates will be contacted to schedule an interview. For more information about CMHA please visit our website [www.cmha.bc.ca](http://www.cmha.bc.ca)

Successful candidates will be required to complete a Criminal Records Review Check.

Given the intended reach of this program, we are actively seeking applications from First Nations, Inuit, and Metis people. We encourage you to self-identify in your application.

**We are an equity employer and encourage applications from women, persons with disabilities, members of visible minorities, First Nations, Inuit, and Metis people, people of all sexual orientation and genders, and others who may contribute to our further diversification.**