

“Here is a chance to make a concrete contribution to improving the health of our whole community”

- Dr. John Carsley

# SPEAK UP FOR HEALTH TRANSPORTATION REFERENDUM VANCOUVER

## A VOTE FOR HEALTH

The places we live, work, learn and play are all connected by some form of transportation and the way these systems are designed have very real health impacts.

Evidence has shown that well planned and accessible transportation systems can prevent obesity, diabetes, heart disease and other chronic diseases.

By voting yes we can help build a transportation system that will help us achieve better health.

### BENEFITS FOR VANCOUVER

- ◆ BROADWAY CORRIDOR SKYTRAIN EXTENSION
- ◆ FOUR ADDITIONAL B-LINES
- ◆ INCREASED BUS & SEABUS SERVICES
- ◆ UPGRADES TO EXISTING RAPID TRANSIT

### BENEFITS FOR THE REGION

- ◆ IMPROVEMENTS IN WALKING INFRASTRUCTURE
- ◆ 2,700 KM'S OF CYCLING ROUTES
- ◆ MAJOR ROAD AND BRIDGE INVESTMENTS
- ◆ 30% INCREASE IN HANDYDART SERVICE

More info at <http://mayorscouncil.ca/>

## KEY INVESTMENTS



Prevent illness and death due to air pollution



A robust transportation system reduces social isolation and improves mental health and social opportunities



Active transportation helps maintain weight and prevent obesity



As transit use ↑  
traffic related injuries and death ↓



Transit users get more physical activity per week

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## VOTE “YES” FOR HEALTH

Make your voice heard between March 16<sup>th</sup> to May 29<sup>th</sup>



*Active transportation such as walking, biking, and using public transit improves your physical and mental health.*



# PHYSICAL ACTIVITY

*Enhanced safety design and fewer vehicles on the road will reduce collisions, injuries and death.*

# SAFETY



*Better access to transit will help reduce social isolation and improve mental wellbeing.*



# EQUITY

# AIR QUALITY



*Reducing traffic congestion shortens trip length and reduces pollution.*

**VOTE "YES" FOR HEALTH**