

“Everyone benefits when someone takes transit”

- Dr. Mark Lysyshyn, Medical Health Officer

A VOTE FOR HEALTH



The places we live, work, learn and play are all connected by some form of transportation and the way these systems are designed have very real health impacts.

Evidence has shown that well planned and accessible transportation systems can prevent obesity, diabetes, heart disease and other chronic diseases.

By voting yes we can help build a transportation system that will help us achieve better health.

ON THE NORTH SHORE

- ◆ 50% INCREASED SEABUS SERVICE
- ◆ 3 NEW B-LINES/RAPID BUS ROUTES
- ◆ EXPANDED BUS SERVICES
- ◆ UPGRADES TO BUS EXCHANGES

ACROSS THE REGION

- ◆ MAJOR ROAD AND BRIDGE INVESTMENTS
- ◆ 30% INCREASE IN HANDYDART SERVICE
- ◆ CONNECTING NORTH SHORE RESIDENTS TO PEOPLE AND JOBS

More info at <http://mayorscouncil.ca/>

KEY INVESTMENTS



# SPEAK UP FOR HEALTH TRANSPORTATION REFERENDUM ▶ NORTH SHORE



A robust transportation system reduces social isolation and improves mental health and social opportunities



Prevent illness and death due to air pollution



Active transportation helps maintain weight and prevent obesity



As transit use ↑ traffic related injuries and deaths ↓



Transit users get more physical activity per week

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## VOTE “YES” FOR HEALTH

Make your voice heard between March 16<sup>th</sup> to May 29<sup>th</sup>



*Active transportation such as walking, biking, and using public transit improves your physical and mental health.*



## PHYSICAL ACTIVITY

*Enhanced safety design and fewer vehicles on the road will reduce collisions, injuries and death.*

## SAFETY



*Better access to transit will help reduce social isolation and improve mental wellbeing.*



## EQUITY

## AIR QUALITY



*Reducing traffic congestion shortens trip length and reduces pollution.*

**VOTE "YES" FOR HEALTH**